



**Chris Ridler**  
ILPF CLP

### Experience Summary

Chris has over 20 years experience supporting people to realise their potential. His engaging style and insight is drawn from a hybrid of experiences in organisational development, small business management, high-performance sport, neuroscience, positive psychology and systems theory.

Utilising the 3Es (education, example and experience), Chris's workshops and one-on-one consultations enable people to experience powerful personal and professional transformations. As a member of the International Coach Federation and accredited Team Management Systems facilitator, his approach is to support individuals and teams to focus on what's important and why, so that they can design and implement real solutions.

Chris brought together all of his expertise across a variety of industries and roles to create his own highly successful coaching and leadership consultancy comprised of performance psychologists, consultants and coaches supporting key clients such as Queensland Public Sector agencies and the Australian Institute of Sport.

### Areas of Expertise

- Performance consulting and coaching: leadership, small business, workplace, career and life
- Team building and development through experiential processes and psychometric profiles
- Facilitation of small (<12) to large group workshops (60+): strategic planning, business planning, team planning, group facilitation
- Leadership and management development through organizational development initiatives, one-on-one coaching, group facilitation and workshops
- Performance development through organizational development initiatives, one-on-one coaching, group facilitation and workshops
- Information management and systems consulting and coaching
- Feedback conversations: managers, teams and individuals
- Teenage workshop facilitation: self-esteem, peer pressure, tribal teens, tapping the inner warrior and breaking through limiting beliefs

### Industry Experience

- Queensland Public Sector (Education, Training and the Arts, Employment, Infrastructure and Planning): strategic planning facilitation, leadership teams facilitation; leadership and management development, performance development programs, organizational coaching initiatives, coach/mentor development
- University and TAFE: consultant - performance development programs, organizational coaching initiatives, coach/mentor development; lectured in Information Management
- Small business consulting and coaching: osteopaths, health clinics, plumbers, ICT, reprographic and digital print bureaus, fitness studios, coffee shops
- Competitive and high performance sport: program management; parent, coach and athlete consultation and education (performance ecology); executive coaching
- Libraries and information management teams: coaching and consulting
- Community projects: strategic planning facilitation; Director - community circus

**Institute for Learning Practitioners Australia Pty**

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### University, Training & Industry Qualifications

- Advanced Diploma in Management (HR)
- Accredited practitioner for Team Management Profile (TMP), Opportunities to Obstacles Quotient Profile (QO2), Window on Workplace Values Profile (WoWV) and Organisational Values Profile (OVP) through Team Management Systems
- Accredited Coach through Results Coaching Systems and member of the International Coach Federation
- Art of BEING a facilitator (Zimmerman Consulting & Schluter-White & associates)
- Certificate IV in Workplace Training and Assessment
- Graduate Diploma in Information Management AALIA (CP)
- Honours in Literature
- Bachelor of Arts (Journalism and Literature)

### Career Achievements

- Approved facilitator for the Institute of Public Administration Australia (IPAA) (2011)
- Wrote the Performance, Learning and Innovation guidebook for managers, Southbank Institute of Technology (2010)
- Designed and facilitated the Senior Leadership Forum for the Department of Infrastructure and Planning: 86 participants, Directors, Executive Directors and the Director General (2008)
- Successfully managed high-performance sports programs, comprised of 14 coaches and over 300 athletes from recreational, competitive, elite and adult streams involving local, state and national competitions

### Testimonials

- "Chris's capabilities and experience in the areas of coaching workshops and leadership working groups are excellent from my experience. His groundwork with staff in the lead-up to the commitments to the Performance and Learning Plans laid solid foundations from which we can now work forwards with confidence. I am particularly impressed with his ability to get people to come out of their shell and work better together." *Phil Dash, Assistant Coordinator-General, Department of Infrastructure and Planning (2009)*
- "Dear Chris, Thank you for facilitating the Queensland Academy of Sport Centre of Excellence for Applied Sport Science Research strategic planning session. With participants like Wayne Bennett (NRL), this was a significant event and will have a critical impact on the future direction of the centre. We were very pleased with your level of professionalism and would be happy to recommend your services to others." *Sue Hooper, Director, Centre of Excellence (2010)*
- "Chris is one of the most skilled coaches and facilitators I have come across in all my time in the private and public sector. He has a unique ability to guide strategic and high-level discussion while cutting through to the core issues at heart. Chris relates well to people whatever their background or their status in the organisation. I have always found that when I connect with Chris in one-on-one coaching sessions, he helps me to find renewed energy in all areas of my work (even the frustrating or mundane ones)." *Noelle Towler - Director and Founder, Invite Life (2011)*
- "Thanks Chris. Your executive interview coaching process has allowed me to see the possibilities of my full potential and has really helped me be fully prepared for my interview. Your skills as a coach are second to none, and you really challenged my thinking about how and what to present at the interview." *Manager, Workforce Relations, Queensland Public Service (2010)*